



MOPS REGISTRATION INFORMATION 2010-2011

PURPOSE:

MOPS stands for Mothers of Preschoolers. MOPS exists to meet the needs of every mom – urban, suburban, and rural moms, stay-at-home and working moms, teen single, and married moms – moms with different lifestyles who all share a similar desire to be the very best moms they can be! Mothers of Preschoolers means every mother with children from birth to kindergarten, not just women whose children attend preschool. MOPS recognizes that the years from infancy to kindergarten are foundational in the mother-child relationship and are filled with unique needs.

MOPS helps moms through relationships established in the context of local groups that provide a caring atmosphere for today's mother of young children. MOPS also encourages and supports mom through resources such as books, a website (www.mops.org), the daily **MOMSense Radio Program**, and the weekly Mom-E-mail.

GETTING REGISTERED:

Annual registration fee of \$23.95 to MOPS International included in dues.

Benefits of MOPS International registration include:

1. MOMSense Magazine – Bi-monthly magazine for a full year of parenting tips.
2. Mom-E-mail – Weekly bursts of encouragement!
3. MOPS logo reusable “Friends don’t let friends mother alone!” shopping bag.
4. “I’m a MOPS Mom!” bumper sticker.
5. MOPS Around the World 2-in-1 frame magnet.
6. A brightly colored bag tag*

*If you would like to purchase the theme book it is available for sale at www.mops.org.

JUBILEE MOPS TUITION:

1. Pay **\$15** per meeting due to Melanie Leadbetter. Attend a minimum of 2 mtg. to cover MOPS Int'l fee.
2. Pay **\$150** for the entire year (includes MOPS International Fee of \$23.95).
3. Pay **\$90** each semester (includes MOPS International Fee of \$23.95). Due in September and January.
4. Pay **\$28.95** if you are a mentor mom to cover MOPS International Fee.

If the cost of joining MOPS is in any way a financial hardship for your family, please see Tracy Sorg or Melanie Leadbetter for additional options including partial and full scholarship information.

♥ **Please do not let tuition costs deter you from benefiting from this ministry.**

♥ **Visitors may attend one meeting for free, after which we ask for a financial commitment.**

STEERING TEAM LEADERSHIP

Coordinator	Tracy Sorg	303-517-5178	tlsorg@msn.com
Co-Coordinator	Julie Sander	303-552-1733	gpbgive@yahoo.com
Pastor Liaison	Heather Meacham	303-471-1244	heather@jfc.org
Discussion Group Co.	Kristin Marsh	720-524-8804	kmarshlady1@msn.com
Creative Activities Co.	Jennifer Dick	303-355-7397	pneumarhema@gmail.com
Hospitality Coordinator	Becky Russo	303-719-8450	rebecca.russo@gmail.com
Social Activities Coordinator	Devon Preeo	303-346-8085	devonpreeo@gmail.com
Finance Coordinator	Melanie Leadbetter	720-344-8303	melanieleadbetter@gmail.com
Prayer/Secret Sister Co.	Meggan Winegar	720-448-5491	megganmarie@yahoo.com
Publicity Coordinator	Jennifer McGowan	303-683-8908	jen.mcgowan@comcast.net
Head Mentor Mom	Hillary Humberson	303-791-3014	hhumberson2004@yahoo.com
MOPPETS Coordinator	Jami Shoemaker	720-206-8787	jamikylene@hotmail.com

DATES & TIMES

We meet the first and third Tuesdays of each month (Sept.-May) from 9:15-11:30am at the JFC Lone Tree Campus.

September 7 th	November 2 nd	January 4 th	March 1 st	May 3 rd
September 21 st	November 16 th	January 18 th	March 15 th	
October 6 th	December 7 th	February 1 st	April 5 th	
October 19 th	December 21 st	February 15 th	April 19 th	

9:15	Check children into MOPPETS rooms. Please come early and get your children settled. We will begin promptly and don't want you to miss a thing!
9:30	Meeting begins. Hot meal served.
10:00-11:15	Scheduled speaker or craft.
11:15-11:30	Meeting ends. Pick up children from MOPPETS program promptly!

MEETING CANCELLATION POLICY

Due to Colorado winter weather conditions, occasionally a MOPS meeting will be cancelled, but only when **Douglas County Schools are either cancelled or on a delayed start**. You will be notified via a phone call by your table leader of any cancellations and also via an e-mail from Tracy Sorg. We will try and contact everyone as early as possible prior to the MOPS meeting that day. Please do not call the church first if you have any question of a meeting being cancelled. **Call your table leader or Tracy Sorg at 303-517-5178.**

BRUNCH ITEMS TO SHARE

Discussion Group Tables rotate on a food schedule to bring in food items to each meeting throughout the year. Suggested items to bring:

Muffins	Pastries/Donuts/Breads	Quiche, Egg Dish, Hard boiled eggs
Fruit bowl/tray	Salad	Potato Dish, Hash Brown Casserole
Juice (2 cartons)	Yogurt (optional granola)	French Toast, Waffles, Pancakes

- ♥ Please check the food schedule to see when it is your groups turn to bring the meal. Your table leader should give you a reminder call before the scheduled meeting date to remind you of what item you are signed up to bring.
- ♥ Please arrive with your food item 15 min. prior to the start of the meeting so that the food table is ready to go at 9:30.
- ♥ Please notify your table leader as soon as possible if you know you will be unable to attend the meeting on your scheduled food day. We ask that you make other arrangements to have your food item(s) delivered to the church that day and/or give your table leader enough notice for her to cover your food item.
- ♥ Please bring a serving utensil if necessary and label your dish in case you forget to take it home with you.

MOPS FAQs

Q. I have a really great idea for a craft. Who should I talk to about arranging it for MOPS?

A. Contact Jennifer Dick, Creative Activities Coordinator.

Q. I know a speaker who would be great for our group. Who should I talk to?

A. Contact Tracy Sorg, MOPS Coordinator.

Q. What do my dues pay for?

A. Childcare, Craft Supplies, Speaker Fees, Fees to MOPS International, Annual MOPS Events

Q. Can I bring a friend with me to a MOPS meeting?

A. Yes. Visitors are welcome to attend meetings. We just ask that you please notify Jami Shoemaker, our MOPPETS Coordinator so that we can make sure there is a space for your friends child(ren) in the nursery.

Q. If I miss a meeting, do I get a refund?

A. Fees go toward childcare, craft supplies, and speaker fees, Our MOPPETS workers are paid a flat fee regardless of the number of children, some speakers also require an honorarium regardless of the number of listeners: therefore we are unable to refund missed meetings. However, regarding craft supplies, we would be happy to allow you to take home the materials for a missed craft. See our Craft Coordinator, if you would like to take advantage of this.

Q. My child is sick, but I don't want to miss the MOPS meeting. What can I do?

A. We cannot accept any sick children in the nursery or the preschool rooms for obvious reasons. Suggestion: Many moms have partnered with a neighbor for "just in case" child care.

Q. I don't know my group members as well as I would like to. Suggestions?

A. The MOPS meetings are only two hours long. It can be difficult to really get to know someone in that space of time. We encourage moms to arrange play dates, mom outings, and family get-togethers to allow for more time to fellowship and talk with other moms.

Q. Can I come to MOPS if I don't go to this church or any church at all?

A. Definitely YES. MOPS is for all moms.

Q. Why does MOPS participate in fundraising?

A. Most of the dues go directly toward childcare, speaker fees, or craft supplies. All other items such as buying new mom gifts, providing scholarships, organizing and supplying special MOPS events such as the Christmas Party require additional financial support that is not covered by the usual dues.

Q. I have a school aged child that is either off-track or home schooled. Are they allowed to come to MOPPETS?

A. Yes your school aged child may participate in MOPPETS, we just ask that you please bring an appropriate activity for your child to work on while he/she is in MOPPETS.

MOPPETS PROGRAM

The Basics...

Let us take a moment to explain our MOPPETS program. The curriculum includes a Bible story time, fun activities, and a craft based on Christian beliefs. Each teacher has been carefully selected with high standards and background checks. Children are divided into rooms by appropriate age groups.

Q. How will I know if my child needs me?

A. When you check your child(ren) into the nursery you will fill out a sticker tag. On that tag is a number that the workers will put on the number display board located in the sanctuary if a problem should arise. If the number system is not working, one of our MOPPETS assistants will come find you.

Q. Can I bring my child into the meeting?

A. Nursing babies will be allowed in the meeting, however we ask that older children not be brought into the meeting. If your baby cries or becomes upset in the meeting, we politely ask you to please step out of the room to allow everyone to enjoy the meeting without interruption. There is a nursing mother's room located in the back of the sanctuary for privacy if you need a place to go with your child.

Sick Policy...

By registering your child(ren) for MOPPETS you acknowledge that you have read, understand, and agree to abide by the following sick policy.

We encourage you to stay home or arrange for other babysitting if your child becomes ill. The child who is ill will not have a good time and risks infecting other children and adults. Our sick policy benefits everyone and will help to keep us all well. Children who show signs of illness cannot be accepted in the nursery or preschool rooms. If your child becomes ill during a MOPS meeting, you will be notified to come pick up your child.

Please do not bring your child(ren) if he/she shows any signs of the following symptoms within 48 hours prior to attending MOPS.

- ♥ Temperature of 100 or higher
- ♥ Vomiting or upset stomach (not including normal infant spit up)
- ♥ Diarrhea
- ♥ Runny nose
- ♥ Unexplained rash
- ♥ Pink Eye or Conjunctivitis
- ♥ Bad cold, sore throat, coughing, hoarseness
- ♥ Contagious illness or condition, such as chicken pox, measles, impetigo, or head lice.

Incident Reports...

A report will be written up in the event an incident occurs with your child and/or another child such as hitting, biting, pushing, falling, etc. You will be notified immediately if your child has had a serious injury or any other type of incident while in the nursery. Appropriate consequences will be given during a meeting to a child that hits, bites, or pushes another child. Please discuss any matters with the MOPPETS caregiver or the MOPPETS director, Jami Shoemaker. Our goal is to provide a safe environment for your child(ren) while at MOPPETS.

Food Allergies and Special Needs...

It is the moms' responsibility to notify the MOPPETS caregiver at check-in of any known allergies, special dietary needs, and/or other needs a child has while attending MOPPETS. If your child requires a special snack please label the snack and notify the caregiver. Remember, it is the parent's responsibility to let the caregiver know of any life threatening allergies such as peanut or tree nut allergies.

***NOTE: Please feed your child(ren) breakfast before they arrive at MOPS. We ask that all outside food items be finished before entering into the MOPPETS rooms. Thank you.**

MOPPETS PROGRAM (continued)

MOPPETS COORDINATOR

Our MOPPETS Coordinator this year is Jami Shoemaker. Her contact information is 720-206-8787, e-mail jamikylene@hotmail.com.

What to Bring to MOPPETS:

There will be a table located outside of the MOPPETS nurseries for moms to label their child's sippy cups. Cups will stay outside of the rooms until snack time when they will then be collected from the table and given to the child. This helps minimize sharing cups, leaving cups, and unlabeled cups. Paper cups will be provided with water to drink in the event a mom forgets to bring her child's sippy cup that day.

INFANT NURSERY

(Please label your diaper bag, bottles, pacifiers and cups with your child's name)

- ♥ Diapers
- ♥ Diaper Wipes
- ♥ Pacifier (labeled)
- ♥ Bottle/Sippy cup (labeled)
- ♥ Change of clothes

TODDLER ROOM(S)

- ♥ Diaper (labeled with child's name)
- ♥ Sippy Cup – labeled with child's name (bring only if child cannot drink out of a regular paper cup)

MOPPETS SNACK DONATIONS:

If you would like to donate towards our snacks for MOPPETS, please sign-up with our MOPPETS Coordinator, Jami Shoemaker, to bring in one of the following items. This will help us to designate our monies for MOPPETS toward other supplies for their rooms. *Note: due to allergies, please do not bring any item containing peanuts or tree nuts. Thank you!

Items desired: goldfish, pretzels, animal crackers, vanilla wafers, and plain Cheerios.